



# Linking in and out of school clubs to health facilities and community in HIV Prevention: Experience from 10 years of Adolescent Sexual Reproductive Health (ASRH) Project in Rwanda

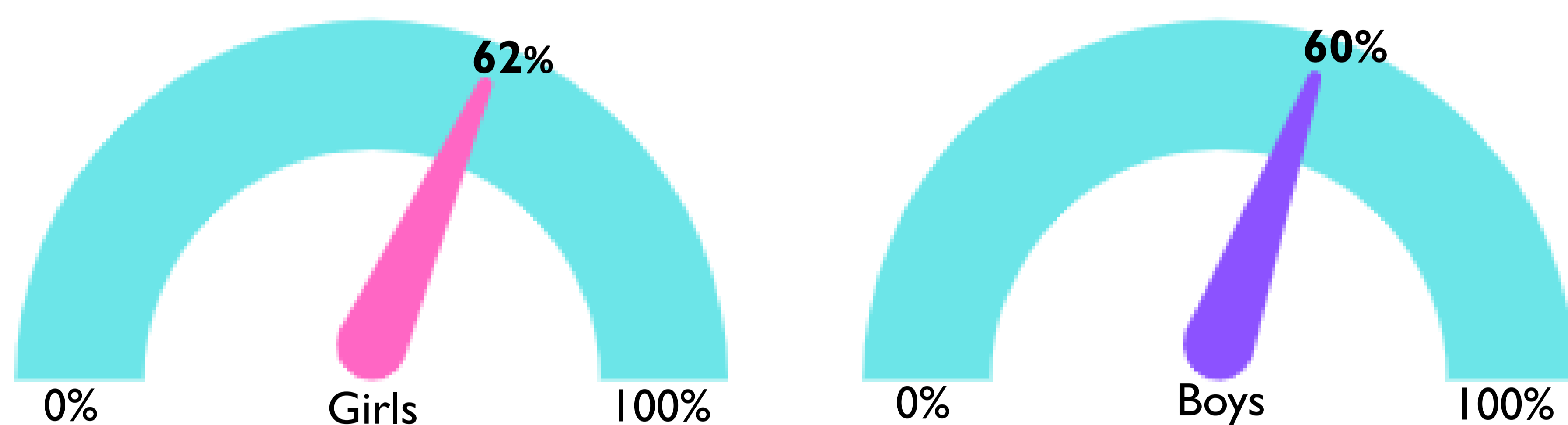


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## Issues

- Rwanda has made substantial progress in increasing access and utilization of reproductive health services.
- Although this progress has led to overall improvements in sexual and reproductive health, a significant proportion of adolescents are sexually active before age of 18 (23.6% of girls and 28.1% of boys).
- Furthermore, there is limited “comprehensive knowledge” about HIV transmission and prevention among adolescents (62% of girls and 60% of boys)



- The ASRH project intervention aimed at introducing a new approach, pairing in and out-of-school youth to health facilities and community to improve HIV prevention and ASRH-related knowledge, attitudes and practices, and increase the utilization of youth friendly services in Rwanda.

## Description

- Since 2010, Imbuto Foundation has implemented the ASRH project in four districts and featured three interrelated components:
  - ❖ Establishment of youth ASRH clubs to facilitate peer-to-peer learning and communication;
  - ❖ Pairing of youth clubs with nearby health facilities;
  - ❖ Training health facility staff on the delivery of youth-friendly ASRH services; and
  - ❖ Organizing Parent and adolescent Communication (PAC) forums and outreach campaigns.

### Data collection:

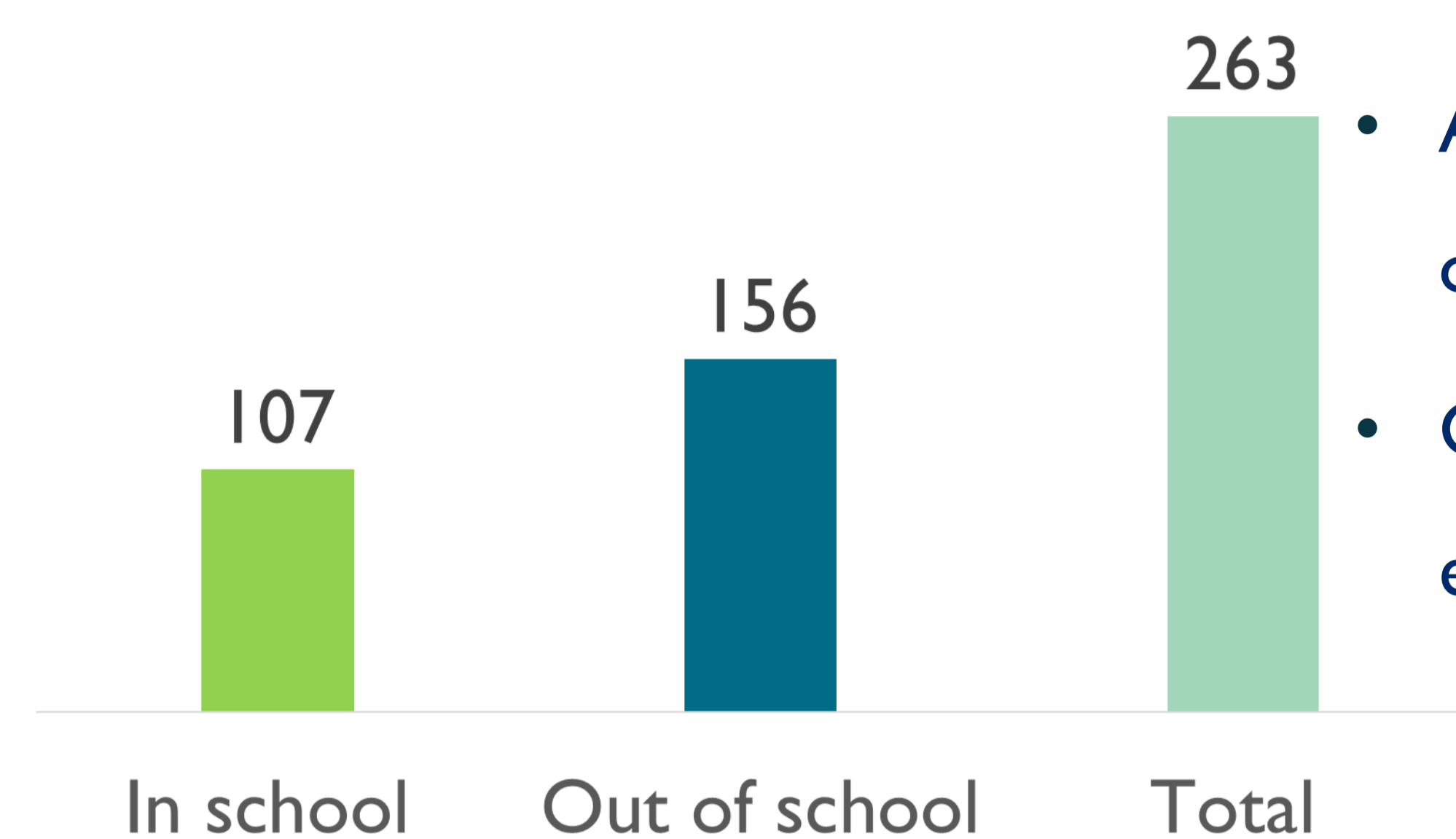
- Data were collected using Project monitoring tools on quarterly basis.

### Data Analysis:

- The descriptive statistics was used to generate programme features, using SPSS version 23.

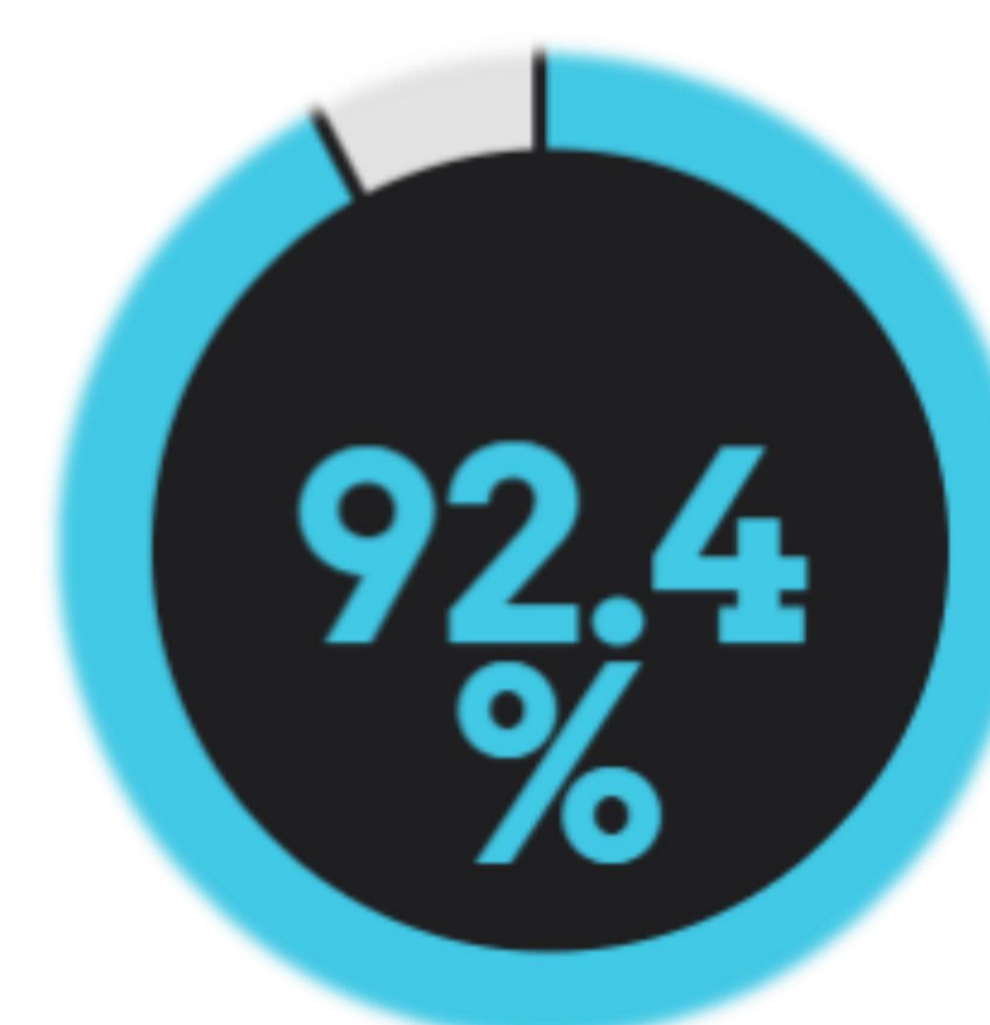
## Lessons Learned

- ASRH clubs were established.**

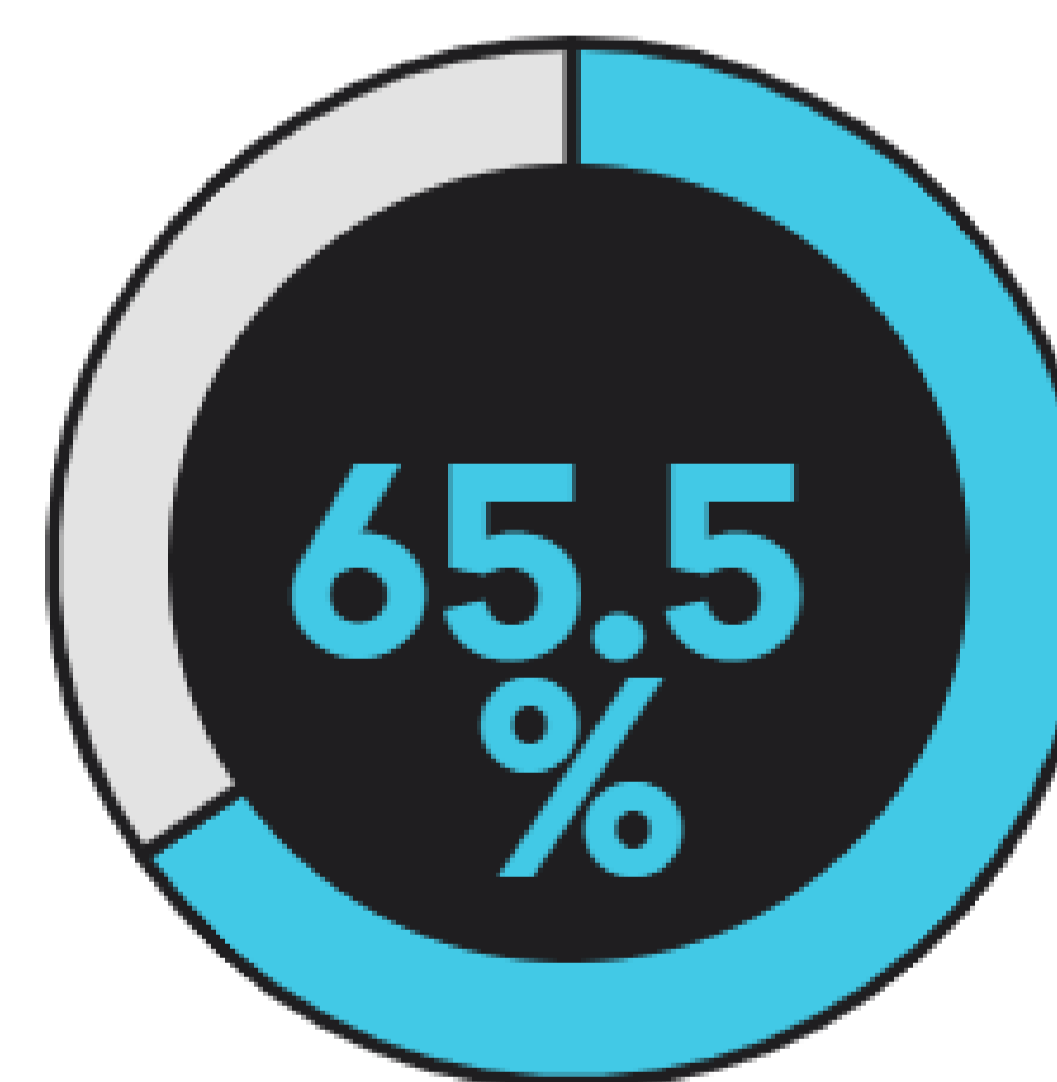


- ASRH clubs have 30 members on average.
- Clubs provide intensive ASRH education and dialogue.

- 39,015 workforce (doctors, nurses, CHWs, teachers, peer educators and CBOs) were trained and delivered SRH including HIV and family planning services within our coverage area.
- 14,414 people reached through parental-adolescent communication forums: 8,800 parents, 5,426 teen mothers, 188 adolescents and youth.
- 299,834 young people accessed ASRH services, including HIV and STI screening and treatment.



- The linkage between in and out of school youth, health facilities influenced youth perceptions and improved exposure to ASRH information and knowledge of HIV prevention by 92.4% among club members.



- Use of ASRH youth friendly services is at 65.5%.

## Next Steps

- The experiences of the ASRH project implementation can be scaled up to other districts with high rate of HIV and ASRH related issues.
- Greater efforts are required in raising awareness on use of youth friendly services and encourage parental involvement in PAC dialogues with their children.
- Partnership and collaboration are essential for effective implementation of ASRH Project.
- Key words:** Youth, HIV prevention, ASRH, Clubs
- For more information:** [www.imbutofoundation.org](http://www.imbutofoundation.org)