



Delivering integrated package of interventions for socio-economic reintegration of Teen Mothers in Rwanda



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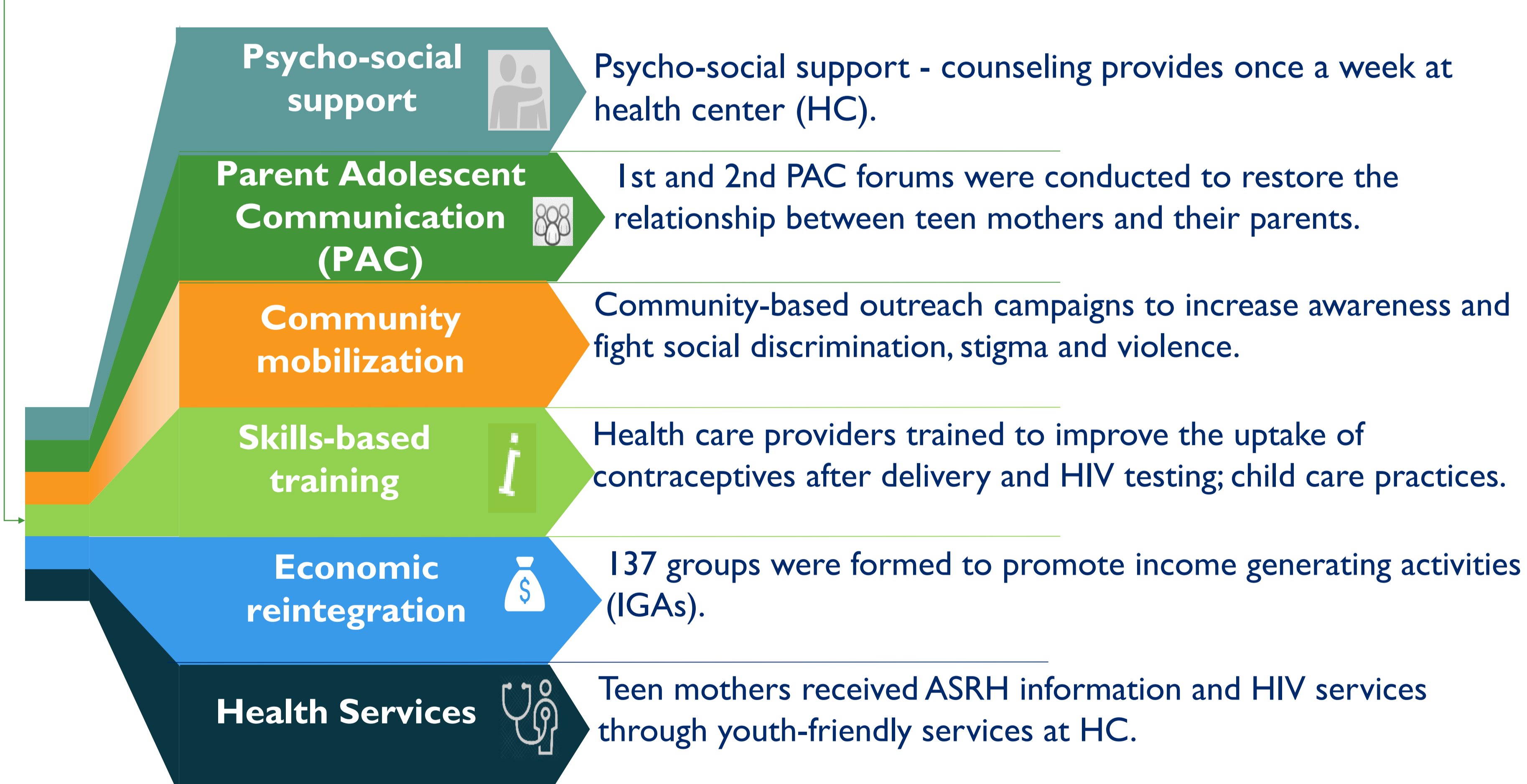
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Issues

- Teenage pregnancy and early motherhood have far-reaching consequences, ranging from health complications, halting a girl's education, to social, cultural and economic consequences such as discrimination, stigmatization and low income earning potential, which lead to a vicious cycle of poverty.
- 95% of births to adolescent mothers occur in developing countries. About one in five young women in developing countries become pregnant before age 18, an equivalent of 7.3 million births every year.
- In Rwanda, the teenage pregnancy rate increased slightly from 6.1% in 2010 to 7.3% in 2015, and slightly reduced to 5.2% in 2020.
- About one in five girls in Rwanda become teen mother at the age of 19 in 2015.
- Despite Government efforts, to expand Adolescent friendly Sexual and Reproductive Health (ASRH) services and access to quality services tailored to young people's needs is still limited in Rwanda.
- As a response, the teen mothers project was initiated, providing an integrated package of interventions for effective social re-integration.
- Since April 2017, Imbuto Foundation, in partnership with different government institutions & Development Agencies and have implemented teen mothers project in 8 districts. The project targets the teen mothers aged between 10 and 19 years and their children.

Description

Teen mothers Project was implemented through integrated package:



Data collection:

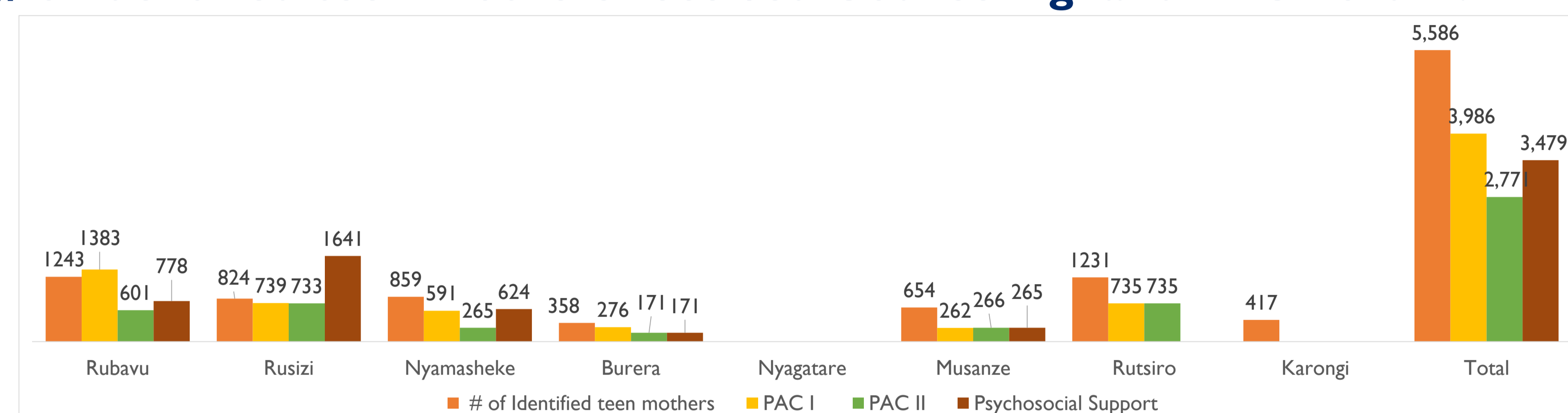
- Project M&E Indicators on monthly basis.
- FGDs with teen mothers and their Parents; KIs with Nurses focal point and Local leaders.

Data Analysis:

- Descriptive statistics and bivariate analysis were used to generate the findings, using STATA v14.

Lessons Learned

- **# of identified teen mothers received Counseling and PAC Forum.**



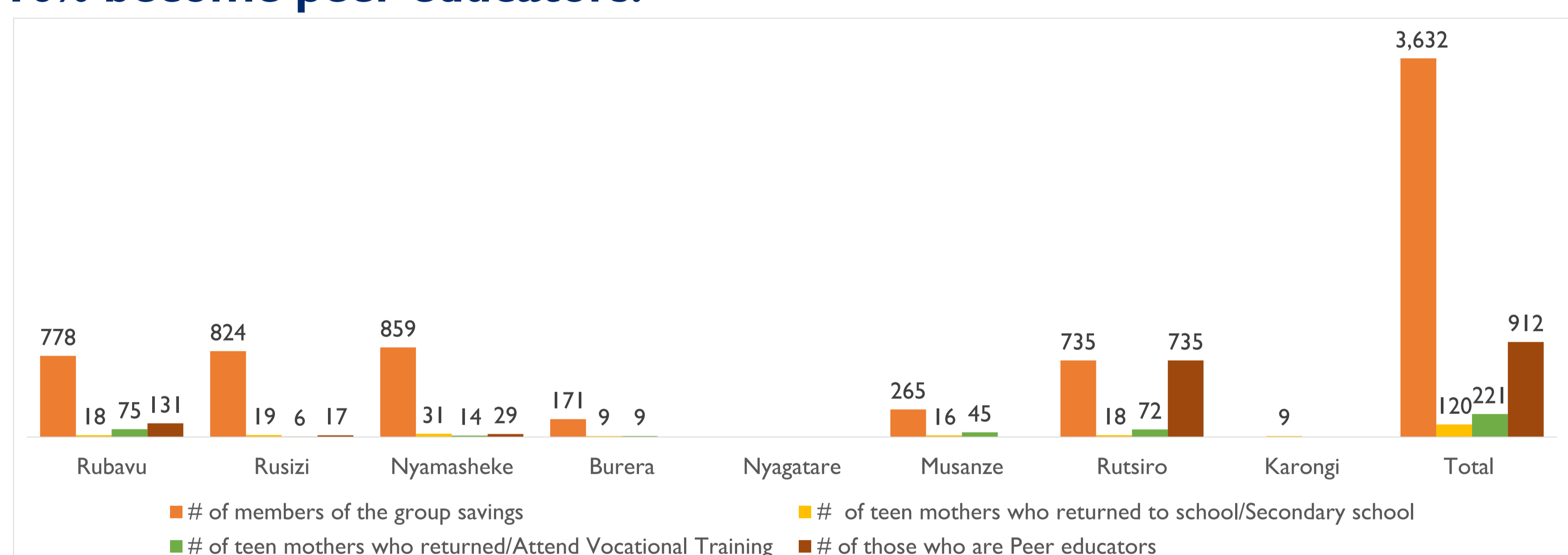
- Of all teen mothers who were chased out of their homes (25% of the total cohort).



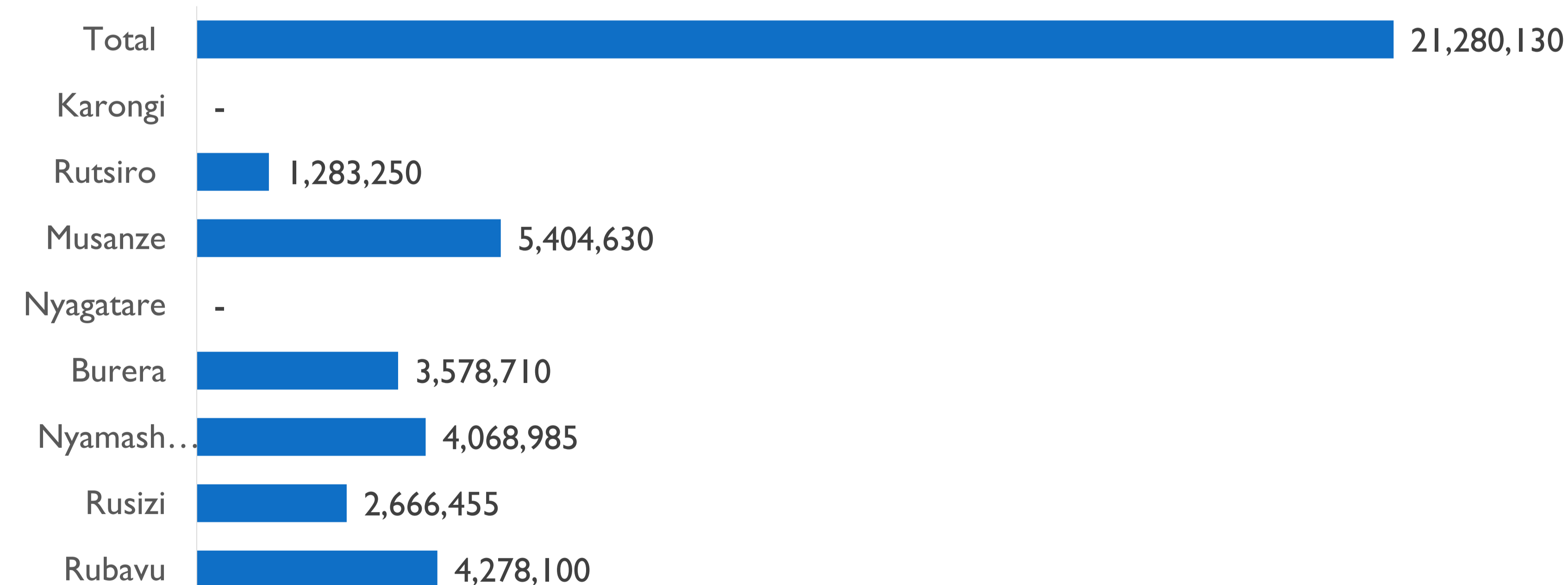
- After 2nd PAC sessions involving their parents.

- Teen mothers were equipped with ASRH information through youth-friendly services.
- 81% of teen mothers chose to use contraceptive methods to prevent another unplanned pregnancy and risk of HIV infection.

- **# of teen mothers received economic empowerment; and Of them 16% become peer educators.**



- **IGAs were effective in teen mothers socio-economic reintegration.**



- 3,632 teen mothers saved amount of 21,280,130 rwf and are able to pay their health insurance and cover other basic needs for themselves and their children.

Next Steps

- With regards to future scale-up, collaborating with similar institutions and government initiatives would facilitate addressing the identified needs.

- **Key words:** Teenage pregnancy, Integrated Package, ASRH, Teen Mothers.
- **For more information:** www.imbutofoundation.org

